

### ABSTRACT OF THE DISCLOSURE

Tools including target guides and methods of using the target guides are provided, that assist a bowler in aligning shots in a game of bowling. Moreover, the  
5 tools and techniques of the present invention can be arranged in a kit form whereby certain components described more fully herein are packaged together. The target guide provides calculations that allow a bowler to align a shot so as to home in on any target, angle, and desired break point.